

FIT-N-WISE

A Wise Health System Service



FIT Y.O.U.T.H. CHILD CENTER

Youth Obtaining Ultimate & Total Health

Waiver, Release and Consent

Including Waiver of Liability, Release, Assumption of Risk and Indemnity Agreement Release

The Participant and/or Participant's Parent(s)/Guardian(s) acknowledge, understand, and assume all risks inherent with attending the Fit-N-Wise Fit Y.O.U.T.H. Child Center and participating in any, but not limited to of the activities referenced below.

I, _____, parent/guardian of _____ ("Participant"), understand and acknowledge that I have enrolled my child to use the Fit-N-Wise Fit Y.O.U.T.H. Child Center. I understand that this is a service provided by Fit-N-Wise as a "limited duration program" and is NOT a child-care facility or day-care facility and therefore, not licensed by the state of Texas. I understand that my child may engage in various activities, including physical activity that includes, but is not limited to, running, jumping, catching, utilizing fitness equipment, staying active, and exercising.

I, (the undersigned) hereby, for myself and my child, release, indemnify, and agree to hold harmless Fit-N-Wise, Fit Y.O.U.T.H. Child Center, and Wise Health System (the "Released Parties") and their owners, directors, officers, employees, agents, affiliates and subsidiaries and any volunteer in connection with the Program against any legal claim by or on behalf of the Participant as a result of the participation in the Program. I further release and waive any and all claims, demands, liability, damages, costs and expenses of any kind whatsoever (including claims relating to personal injury to my child or his/her wrongful death) against the Released Parties, that may arise from Participant's participation in the Program activities or while traveling to and from locations where the Program activities occur, even if caused in whole or in part by the negligence or other fault of the Released Parties. I fully understand that Participant may injure him/herself as a result of participation in this Program and hereby release the Released Parties from any liability, now or in the future, including but not limited to heart attacks, muscle strains, sprains, pulls, tears, broken bones, shin splints, heat exhaustion, knee, back or foot injuries and any other illness, soreness or injury, however caused, occurring during or after my child's participation in the Program.

It is further agreed and acknowledged that all exercises including the use of equipment, as well as travel to and from Program locations, shall be **AT MY OWN RISK. I FULLY UNDERSTAND THAT I AM FOREVER GIVING UP, IN ADVANCE, ANY RIGHT TO SUE OR MAKE CLAIMS AGAINST THE RELEASED, IF MY CHILD SUFFERS ANY INJURIES OR DAMAGES FROM THE PROGRAM ACTIVITIES, EVEN THOUGH I DO NOT KNOW WHAT OR HOW EXTENSIVE THOSE INJURIES AND DAMAGES MAY BE, AND I AM VOLUNTARILY ASSUMING THE RISK OF SUCH INJURIES OR DAMAGES. I UNDERSTAND THIS CONSENT FORM AND I AM NOT UNDER ANY PHYSICAL OR EMOTIONAL DURESS TO SIGN.**

By signing this I accept the terms of the aforementioned Waiver, Release and Consent.

Print Participant Name: _____ Date of Birth: _____

Print Parent/Legal Guardian Name): _____

Signature of Parent/Legal Guardian: _____ Date Signed: _____

Fit-N-Wise.com

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